

## Cape Town Restaurants - Winter Specials

- 1800 in the Cape Royale Luxury Hotel, Main Road, Green Point(321 430 0506): Amuse-Bouche + 200 gram sirloin, rump, rib-eye steak or sirloin, sauce of your choice + Side order for R99 (Request parking when booking).
- 96 Winery Road, Winery Road Zandberg Farm (021) 842 2020: Any 3 Courses from a la Carte menu, incl. a glass of red or white wine or maybe a glass of bubbles Mondays to Saturday Lunch and Dinner For the month of May
- Active Sushi 63 Strand St 021 422 0462 – Eat as much sushi as you like R99 (Every day 5pm – 10:30pm)
- Allee Bleue, outside Franschoek 021 874 1886: choice of 250g Beef fillet, Beef Sirloin, Beef Rib Eye, Karoo Lamb Chops with one of 6 flavored butters for R 99, including a glass of Allee Bleue Starlette Rouge (Until end September)
- Arabella Western Cape Hotel & Spa, Hermanus 028 284 0000: Accommodation, full breakfast, 10% discount on spa treatments and 20% on signature treatments, access to Spa facilities, sauna, steam room, heated indoor hydro pool, heated outdoor lap pool and gymnasium R700 pps
- Arnold's, Gardens 021 424 4344 – Delicious stew + couscous, bottle of Altydgedacht Red for R99 (Dinner only)
- Azure Twelve Apostles Hotel, Victoria Rd 021 437 9029: Dinner and a Movie Special 5 course dinner from Azure Select menu and then watch a movie in the hotel's private cinema.
- Backsberg Restaurant @ Backsberg Wine Estate 021 875 5952: Sunday set menu, R170 per person, 3 courses consisting of a starter, lamb on the Spit and a buffet of salads and a dessert.
- Balducci's Restaurant Shop 6162, Victoria Wharf, V&A Waterfront, 021 421 6002: Platinum Sushi Plate R99 (6 pieces Nigiri, 4 pieces California rolls, 4 Salmon roses, 6 Rainbow rolls and 6 pieces of Sashimi Mon to Sun noon to 5pm) (Ends 15 May).
- Beluga Prestwich Street, Greenpoint 021 418 2948 – Half price sushi before 7pm. 1kg Tiger prawns R109.00, Beluga Blue Plate special 24 pieces sushi R109.00
- Bertha's Simons Town 021 786 2138: 2 Course meal R109, 3 Course Meal R129 + Glass of sherry on arrival
- Beuna Vista Social Cafe, 81 Main Road, Greenpoint 021 433 0611 – Free glass of wine or local beer with every lunch ordered
- Black Marlin, Main Road, Millers Point, Simonstown 021 786 1621 Crayfish Braai every sunday R75.00 pp
- Buitenverwachting Restaurant @ Buitenverwachting Estate, Constantia -Tapas "Around the World" (at the Courtyard) Tuesday – Saturday 3:00pm-6:00pm 3 Course R99, 5 Course R129, 7 Course R159. Winzer Platter (at the wine tasting) Tuesday – Saturday 12:00- 17:00 R75 per platter
- Cafe Caprice in Camps Bay: 2-for-1 Burgers from Monday to Thursday from 12:30pm till 10pm

- Cafe Sophia Greenpoint 021 421 0445, Bloubergstrand, Camps Bay, Gardens, Rondebosch, Sea Point, Greensdie: Breakfast Specials – Sofia Special Breakfast + Coffee R25.00, Village Omelette + Coffee R29.00, Jumbo Muffin + Coffee R19.00
- Camil's Restaurant Cape Royale Luxury Hotel on Main Road, Green Point 021 433 1227: 2 Course lunch + glass of bubbly R100. Valid Saturday and Sunday until end of May
- Cape Town Fish Market V&A Waterfront Cape Town, Parkview Pretoria. Eastgate Johannesburg, Hemingways East London: Salmon special, 1 course R 54,95, 2 courses R 69,95, 3 courses R 89,95, Buy a bottle of Durbanville Hills Wine and get a free Greek table salad
- Cassia @ Nitida wine estate 021 976 0640: Traditional Beer Festival and live sport from 11 June to 11 July 2010 (Friday, Saturday and Sunday Only) 2 course meal plus a free draft for R150.00pp
- Catharina's at Steenberg Hotel in Tokai 021 713 2222: 2 course lunch at R 135, 3 course lunch R175/3 course dinner R195 + glass of Klein Steenberg red or white (Until end September)
- Cattle Baron – Rib & Prawn combo with chips or baked potato and veggies R89.00
- Chenin Restaurant and Wine Bar Cape Quarter, 72 Waterkant Street 021 425 2200: Main Course + Glass of wine or Boston Draft Beer R60
- Clos Malverne wine estate outside Stellenbosch 021 865 2022: Autumn special – 2 course meal + quarter bottle of wine R 125, 3 course + half bottle of wine R 155, Tuesday – Saturday lunch and Wednesday and Friday dinner
- Cosecha Restautant @ Noble Hill Wine Estate, Paarl – 021 871 3844: Weekdays 11-2. Always R 64. A delicious, warm, filling & different special each day. Have a look at the website for daily menus [http://www.cosecharestaurant.com/farmers\\_lunch/](http://www.cosecharestaurant.com/farmers_lunch/) (Until end of May)
- Constantia Uitsig Restaurant, Constantia 021 794 4480: Lunch: 3 course with a carafe wine (red or white) – R260, Dinner: 3 course with a carafe wine (red or white) – R290 (Restaurant closed 30/08 – 19/09)
- Cru Cafe Cape Quarter: Breakfast Special – Choose between Classic or Smoked Salmon Breakfast + Orange juice/Cappuccino. Crazy Winter special – Choose 2 pastas and 2 glasses of wine for R119 (Monday to Sunday Lunch and Dinner)
- Cuvee @ Simonsig Kromme Rhee Road, Stellenbosch 021 888 4932: Cabernet Winter Indulgence Menu – Lunch and Dinner 2 or 3 set menu ranging from R160 – R190 pp including glass of Simonsig Labyrinth Cabernet Sauvignon
- Fiesta Cape Quarter, Waterkant Street, 021 418 5121 72: Plain Beef Burger R34.50, Plain Chicken Burger R 34.50, Any two tapas of the menu for R49.50. Happy Hour daily between 4pm and 7pm Local Beers @ R9.00 ea Cocktails @ R21.00 ea Glass of House Wine @ 21.00 per glass (Red, White and Rose)
- Five Flies, 14-16 Keerom St 021 424 4442: 2-course meal R125, 3-course dinner R150, on Mondays, Wednesdays and Fridays for next 3 months

- Flavours @ The Devon Valley Hotel, Devon Valley Stellenbosch 021 865 2012: 2 Course Meal R120, 3 Course Meal R165 incl. a carafe of Sylvanvale wine (Until end August)
- Food Lovers Market Foreshore and Claremont: 50% off sushi (Mondays – Friday 4:30pm – 6:30pm)
- Gold Restaurant 96 Strand Street 021 421 4653: 14 Course Set Menu, Interactive Drumming Session (6:30pm-7pm), guided museum tour, arrival cocktail, liver entertainment. R300pp or R250pp without the drumming
- Harbour House, Kalk Bay Harbour, Kalk Bay (021) 788 4133: Set menu Two Courses R140, Three Courses R160 Valid for month of May only. Not available Sunday lunch
- Harveys @ The Mansions, Winchester Mansions Hotel Sea Point, 021 434 2351: Sunday Brunch and Live Jazz, receive a complimentary Sunday Newspaper and a glass of bubbly. R195.00 per person
- Henri's Cnr Lourensford and Maid Rd, Somerset West 021 852 6442: 3 Course Set Menu + bottle of Lourensford River Garden wine R135
- Hussar Grill, in Camps Bay 021 438 0151 and Green Point 021 433 2081: 1 kg Beef ribs, or Grilled Kingklip with side veggies and bottomless chips + dessert, for R 99.
- Jardine Bree Street 021 424 5640: Special 3 course set menu at R180, R220 for 2 glasses of Jordan wine paired with the food. A la carte lunch menu (Tuesday – Sunday) 2 courses R200, 3 Courses R225. 6 Course set menu available dinner Thursday and Frida R300 without wine, R500 with wine pairing.
- Kink Boutique Bar 3 Park Rd, Gardens 021 424 0757: Home made burger with onion rings, chips and coke R50.00, Roast Rib Eye with Bearnaise, Chips, Rocket Salad and 500ml Draught R90.00. Tapas for 2 R95.00 Half price cocktails and tapas between 6 and 8pm.
- La Boheme Wine Bar & Bistro Sea Point 341 Main Rd (cnr Main and Albany), Sea Point, 021 434 8797: 2 Course Meal R90, 3 Course Meal R110 (Until end December)
- La Colombe @ Constantia Uitsig 021 794 2390: Lunch: 3 course menu with a carafe of wine (the wine selection will change according to the menu changes) – R280 Dinner: 5 course tasting menu with wine pairing per course – R380 The winter tasting menu will be served only from 19h00 – 20h30 Please note the 3 course lunch menu will not be available for dinner. (Restaurant Closed 9th – 29th August 2010)
- Lazzafe Restaurant Tyger Valley 021 914 1715: 500g Spare Ribs + Wedges + Glass of Wine R59.95, Seafood and 250g Rump combo R69.00, 1KG Prawns + Rice/Potato wedges R99.00. Monday – Saturday Lunch and Dinner. Booking Essential
- Lazari Cape Quarter 021 419 9555: 200g Rump steak with Caesar Salad and Frites + carafe of wine R70 (Lunch and Dinner)
- Le Franschhoek Hotel & Spa 021 876 8900: Dinner, Bed & Breakfast incl. half a bottle of wine R1,100.00 pp. (May only)
- Lord Neethling Restaurant, Neethlingshof Estate, Stellenbosch 21 883 8966: Game Pie + 250ml Neethlingshof Pinotage R109.00, Fillet of Sole Royal + 250ml Neethlingshof Sauvignon Blanc R109.00, Medallion of Beef + 250ml Neethlingshof Malbec R109.00, Lamb Curry + 250ml Neethlingshof Gewürztraminer, Lamb Shanks

- + 250ml Neethlingshof Shiraz, Veal Cordon Bleue +250ml Neethlingshof Cabernet Merlot (until end September)
- Maze Restaurant One & Only Hotel, V&A Waterfront 021 431 5222: Every Wednesday join a master wine maker at the chef's table. Michelin-star chef pairs 5 course menu with wines. (Ends 3 July)
- Mediterrea 87 Marine Drive, Hermanus 028 313 1685: 2-course R 105 and 3 course meal R 135, Monday – Thursday dinners and Sunday lunches, April – August. Write WINTER on your bill and get a discount off your meal.
- Mount Nelson Hotel in Cape Town: Food and Wine Dinner Series. R350pp for multi-course dinner and wine. 27 May: Grootte Post Vineyards, 29 July: De Wetshof Estate, 26 August: Ernie Els Wines and Rust & Vrede, 30 September: Steenberg Vineyards, 14 October: Waterford Estate
- Muratie Restaurant @ Muratie Wine Estate Stellenbosch 021 865-2330/6: Traditional Karoo farm lunch. Every Sunday 12:00 – 14:00. R185 pp. Book essential
- Myoga at the Vineyard Hotel (021 657 4545): 6 course meal for R150pp, wine pairing available. Ends 30 June
- Overture Hidden Valley Wines, Annandale Rd, Stellenbosch 021 880 8721: 4-course Menu de Jour for R 200, or R 250 with a glass of wine, Tuesday – Friday lunch, May – July
- Pepenero in Mouille Point 021 439 9037: 250g Sirloin and chips R 79, Seafood platter R 129, 1Kg prawn platter R 99, Oysters R 9 each, Half-price sushi, all cocktails R21.
- Pepperclub on the Beach in Camps Bay 021 438 0000: Friday night Jazz evening, 6 oysters + glass of bubbly at R 60 from 4pm
- Primi Pomodoro, Camps Bay: Full Breakfast R25, Salmon on Rye R35, Health Breakfast R20, Egg White Omelette R22, Mango Frullata R18
- Primi Piatti Seapoint: Full Breakfast R25, Salmon on Rye R35, Health Breakfast R20, Egg White Omelette R22, Mango Frullata R18
- Pure Hout Bay Manor, Baviaanskloof, Off Main Road 021 791 9393: 3 Course Dinner for R220, with 3 glasses of pairing wine R280. Tues – Sat Dinner, Sunday Lunch. (Until End August)
- Quay 4 V&A Waterfront: Roll the Dice Friday's (Roll a number higher than 10 = half price cocktails, Roll a double = Cocktail on the house, Roll less than 10 and you are out of luck (3pm – 7pm Fridays)
- Raphael's at Asara Wine Estate, Polkadraai Road, Stellenbosch 021 888 8050: Monday – Friday 12:00-14:30 Chef recommendation menu, (changes weekly) 2 menu course at R150 or a 3 course R195 per person.
- Rafiki's 13 Kloof Nek Road, Cape Town 8001 021 426 4731: 1/2 Price Pizza special 11am-12am Mondays, 1/2 Price Cocktail special Thursdays 11am-7pm
- Rick's Cafe Americain Gardens Cape Town 021 424 1100: R25 Cocktail special daily 11am – 7pm, Sundowner Snack Special daily 5pm – 7pm Cape Malay Platter R69, Dip Snack Platter R59, Carafe Saxenberg Grand Vin Rouge or Blanc R25. Until end May

- Rickety Bridge, Franschoek (021) 876 3650: 3 Course set menu, R135pp or R175pp with a flight of wine.
- River Cafe @ Constantia Uitsig (021) 794 3010: 3 course with a carafe of Constantia Uitsig wine – R195 for a 4 course with a carafe of Constantia Uitsig wine – R225 Children eat free (1 child per dining adult, Monday to Thursday only) Lunch and Dinner Winter Menu available Monday to Saturday
- Royale Eatery & Royal Kitchen, Long Street 021 422 4536: Monday – Thursday between 4-6pm, select burgers R30 and Beer R10
- Salushi Intaba, 25 Protea Road, Claremont 021 671 4271: 50 % off sushi all day Mondays, Tuesdays and Sundays, from 12h00 – 17h00 Wednesdays – Saturday (Until end of May). Zak's Platter – 21 pieces sushi R108, Sepplatter – 24 pieces + 2 glasses Welmoed Brut R210.00
- Saul's Grill, 152 Main Road, Seapoint 08611SAULS: Buy-one-get-one-free hamburger (Monday), Recession Combo – Regular burger, chips + 300ml Castle Draft R44.
- Saul's Saloon & Grill, 74 Church Street, Wynberg: Buy-one-get-one-free hamburger, eat "as much ribs as you like" for R 89, Recession Combo – Regular burger, chips + 300ml Castle Draft R44. Until 31 May
- Saul's Sushi @ Vegas, 118 Main Road, Sea Point 021 433 2287: "Eat as much as you like" sushi R 120 Mondays and Tuesdays, "two for the price of one" sushi Fridays and Saturdays. 500ml Castle Draft R12.
- Savoy Cabbage 101 Hout St, Cape Town +27 21 424 2626: 17th May – 1st June 2010 The Annual Savoy Cabbage Offal Festival
- Sevruga in the V&A Waterfront 021 421 5134: Sole special, between R89 – R180, half price sushi 12h00 – 18h00 Mondays – Saturdays
- Signal at Cape Grace Hotel, Cape Town: Wine and food pairings. Nitida Wines 25th May, Jordan Wines 27th July, Bouchard Finlayson 31st August, Hamilton Russell Vineyards 28th September, Wilderer Distillery – Grappa and Dine 16th October, Graham Beck Wines 26th October, Waterkloof Wines 30th November R330 pp including canapés, a 3 course set menu and selected wines with each course.
- Sinn's Restaurant at Wembley Square 021 465 0967: 1 Course + glass of wine R95, 2 Courses + 1 glass of wine R109, 3 Courses + 1 glass of wine R135
- Tank Cape Quarter 021 419 0007: 1/2 Price Sushi and Cocktails everyday 12 – 6pm, Three Course Meal for only R165 including a glass of wine.
- Terroir at Kleine Zalze, Stellenbosch 021 880 8167: Two-course meal at R 165, and 3-course meal at R 195, Lunch and dinner Monday to Saturday until the end of September.
- Theo's 163 Beach Road, Mouille Point 021 439 3494: Oysters R6.00 each, 1kg Prawns R99.00, Linefish R79.00, 300g Sirloin R79.00, Spatchcock Chicken Peri-Peri R79.00, 500g Spare ribs R79.00
- The Cru Cafe in the Cape Quarter: Breakfast for 2 for R 85, 2 pasta dishes + 2 glasses of wine for R 119, all days of week, lunch and dinner
- The Roundhouse in Camps Bay 021 438 4347: 7-course dinner for R 245, (Until end of May)

- Theo's on Beach Road, Mouille Point: Oysters R 6 each, 1 kg prawns R 99, line fish R79, for lunch and dinner. 300 gram sirloin steak, spatchcock chicken peri peri and 500 gram spare ribs all R 79 for lunch only .
- Tuscany Beach 41 Victoria Road, Camps Bay 021 438 1213: Autumn dinner special – 50% off second person's main course, and 1/2 price sushi 12 – 6 pm. 25% off cocktails (everyday 12-6pm)
- Vanilla Shop 17, The Square, Cape Quarter 021 421 1391: Autumn dinner special – 50% off the second person's main course, and 1/2 price sushi 12 – 6 pm, 25% off Cocktails 12 – 6pm Monday – Sunday
- Wang Thai V&A Waterfront, Constantia 021 794 0022, Somerset West and Lagoon Beach: Half price sushi and cocktails from 12 -6 pm Monday – Thursdays
- Waterkloof Restaurant at Waterkloof Wines Sir Lowry's Pass Village Road, Somerset West 021 858 1491 Monday to Friday R190pp
- Wild Woods, Hout Bay 021 791 1166- Slow food evenings 3 course meal R135.00pp (Until end December)
- Andiamo Restaurant, Cape Quarter, Green Point 021 421 3687/8; Breakfast special, two breakfasts includes orange juice and cappuccino for R89.00 (served until 11am); Lunch/Dinner special, any two pizzas or pastas and two glasses of wine for R125.00 (excludes Pizzas & Pastas from SPECIALS menu);Both specials are until 31 May 2010

[ I do not have an official source for this list, as I received it from a reader on my website. If you can prove that you created the list, please contact me and I will be more than happy to give credit where credit is due. ]